

don't forget to use your
BRAIN!

B

Benefits

What are the benefits of this procedure?
How can it positively affect the baby?

R

Risks

What other procedures may follow this?
What are the risks to consider?

A

Alternatives

What are the alternatives?
Are there other options?

I

Intuition

What does your gut tell you?
How does your co-pilot feel?

N

Nothing

What if we choose to do nothing?
Can we make a decision in an hour?

Once you have collected all of the information, you can now ask
for some time to weigh it up and make an informed decision.